

What's in the box?

Miyazaki Beef "Sukiyaki"



*This sheet has been written about how to cook.




How to cook

1. Put the frozen meat to the refrigerator to thaw. Meat should be kept in the pack while thawing.
 2. Heat the Sukiyaki pan and melt beef fat in the pan.
 3. When smoke comes out, spread the beef slices and cook until the surface becomes whitish. (if cooked too much, meat might become tough).
 4. Pour sukiyaki sauce and add vegetables, and let it simmer until all of the ingredients are soft. If more ingredient is added, pour sukiyaki sauce and simmer again.
- *sukiyaki sauce - about 4-5 table spoons of sugar, 5-6 table spoons of soy sauce for 4
5. Crack one egg into a small bowl and stir carefully. Dip the cooked meat and vegetables into the egg and eat.

*Expiration date

名称	黒毛和牛すき焼き用 (宮崎県産・冷凍)
原材料名	牛もも肉、牛脂(国産)
個体識別 番号	枠外、商品に添付
内容量	300g
賞味期限	2014. 9. 8
保存方法	速冷凍(-18℃以下で保存してください。)
加工者	山免食品株式会社 神戸市西区室谷1丁目6-10

<使用上の注意>
開封後はなるべく早くお召し上がりください。賞味期限は冷凍未開封の状態における期限です。



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